

Shot Compositions

- Video is a close-up medium
- the viewer sees a privileged point of view
- the viewer feel close to or intimate with the action that is happening in the video

Kind of Shot	Composition	Purpose
extreme close-up ECU	- top of the head is slightly cut off - cut into chin or just below the chin	- to show emotion - clearly see facial expression - to increase intensity - may be use to make the viewer feel uncomfortable
close-up CU	- cut into the top of the head; just the top of the shoulders - incorrect if you only see the neck and no shoulders	- to show emotion - clearly see facial expression - conversations

With all the remaining shots, watch the head room, specifically, there shouldn't be too much head room above the subject

medium close-up MCU	- middle of the chest and up - top of the head is close to the top of the video frame	- conversation - show emotion but less so than CU
medium shot MS	- approximately waist up	- comfortable talking distance - less intimate
medium long shot MLS	- approximately knees up	- again less intimate - to show hands or arm gestures - good for a performer; talk show monologue
Long Shot LS	- the whole body is within the frame	- action or movement - see person interacting with their environment
Extreme Long Shot ELS	- scenery	- to show context of the next shot - orients the viewer to the location of the scene before you move in close