Note of Importance:

In Adobe After Effects, the CTRL key on the keyboard advances the number in small increments like 0.1 > 0.2 > 0.3, instead of full numbers.

Optional:

- Before you start the chroma key, you want a more even background by applying the effect, Keying green blur
- In the Effects and Presets window type the word "keying" and select Keying green blur
- Click and Drag it onto the composition. (This will smooth out some of the noise in the green channel.)
- In the Effects and Presets window on the right type the letters, "keyli", and select Keylight
 - Click and drag **Keylight** onto the composition and Keylight will appear in the Effects window on the left
- Beside **Screen Color** there is an eyedropper > Click on the eyedropper > Using the eyedropper, sample an area of green beside the subject. (You will see a lot of the background disappear.)
- Beside View option, there is a drop down menu. > Click on the drop down menu and select Screen Matte
- Twirl down **Screen Matte** on the left and you will see a list of options including **Clip Black** and **Clip White** which you will use to refine your key
- Use Clip White to clean up the white area.
 - Beside **Clip White** click on 100 and hold > Slide to the left to decrease the value.
 - Notice that the grey areas disappear and turn white.
 - Note: Do this in small increments or you will cut into the actor.
- Use **Screen Despot Black** to get rid of the remaining grey or black spots that appear in the white area.
 - Hold the CTRL key and click on the number beside Screen Despot Black and slide up.
- Clean up the black area of the composition.
 - Beside **Clip Black**, click on 0 and hold Slide to the right to increase the value.
 - Note: If you apply too much of Clip Black and Clip White, you risk cutting into the actor. When applying Clip Black and Clip White, go back and forth between the two.
- Get rid of the jagged areas on the outside of the body
 - Press CTRL on the keyboard and increase the value of Clip Rollback
- You may apply **Screen Softness**. Press **CTRL** on the keyboard and increase this value to say 0.5
- To adjust the skin tone caused by any green light getting on the actor, use the **Despill Bias** eyedropper and sample the skin tone
- You may apply the **Screen Pre Blur** to hide some of the noise. Press **CRTL** on the keyboard and increase.
- You may grow and shrink the area that is keyed out. Beside **Screen Shrink/Grow**, press **CTRL** on the keyboard and you can slide to the left or right.
- To see the final result of your keying, beside View, click on the drop down menu and select Final Result