Keyframing and Movement in 2D Space

1) What is the preset for the composition of high definition video? width? height? frame rate?
2) What do you type to get one minute of video?
3) What is the checkerboard background also known as?
4)What are two ways of making a physical change?
5) What do you press to constrain the parameters (proportions) when resizing an image?
6) What is opacity?
7) What does the anchor point do?
8) What is keyframing?
9) What does keyframing control?
10) What do you click on to start a keyframe?
11) How do you navigate to the next and previous keyframe?
12) What is the second way of adding a keyframe?
13) What do you use to shape the path of movement?
14) How can you move more than one keyframe down the timeline?
15) What does the ALT button do?
16) What is the keyboard shortcut for
Position? Scale? Rotation? Anchor Point? Opacity?

17) Outline the steps of adding a second parameter to an existing parameter? (2 steps)